

I'm Slowly Losing My Mind

partnerdance: Right side by side position

Electric Kick

- 1 RF step and rock forward
- 2 RF rock back
- 3 RF step and rock back
- 4 LF rock forward

Step, Slide, Pivot

GENT

- 5 RF step forward
- 6 LF slide beside

L-hands up

- 7 RF step forward
- 8 1/2 turn R

Stroll, Heel Touch

LADY

- step forward
- slide beside

- step forward
- touch heel forward

Back Run, Back Toe

GENT

- 9 LF step back
- 10 RF step back
- 11 LF step back
- 12 RF touch toe back

Run, Heel Touch

LADY

- step forward
- step forward
- step forward
- touch heel forward

1/2 Turn

GENT

- 13 RF step side
1/4 turn L
- 14 LF step forward
1/4 turn L

Hands in Right side by side position

Step in place

LADY

- step in place
- stap op plaats

Triple in Place

GENT

- 15 RF step beside
& LF step in place
- 16 RF step in place

LADY

- step in place
- step in place
- step in place

Shuffles

- 17 LF step forward
& RF step beside
- 18 LF step forward

- 19 RF step forward
& LF step beside
- 20 RF step forward

- 21 LF step forward
& RF step beside
- 22 LF step forward

Kick, Ball-Change

GENT

R-hand up

- 23 RF kick forward
& RF step beside
- 24 LF step in place
&

Hands back in Right side by side position

- 1 start over

Triple Turn

LADY

- step in place 1/3 turn L
- step in place 1/3 turn L
- step in place 1/3 turn L
- LF recover weight

Music : Scooter Lee
Losing My Mind
BPM : 88
Level : Beginner
Choreographer : Tonny van Donk© (10.11.2000)

